

Promoting the wellness,
recovery, and resilience of
adults experiencing disabilities.



Art in Recovery

A casual art group for adults and young adults (18+) offering a chance to experiment with a host of art supplies in the company of peers in recovery. This is a nonjudgmental process and exploration of form and feeling, not about a pretty final product. Some work quietly and some quietly chat about their project. The choice is yours!

All supplies are provided. Wear comfortable, paint-worthy clothing!

 TACID Center Fridays 1:00 - 2:30pm

information contact:
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