


Promoting the wellness,
recovery, and resilience of
adults experiencing disabilities.



Madly in Love with Me

Madly in Love with Me is a group for women based on the book Madly in Love with Me: The Daring Adventure of Becoming Your Own Best Friend by Christine Arylo. The group is a welcoming space is for those who identify as women to gather and explore of a deep sense of love and compassion. The goal is to create a nurturing and empowering environment for women to embrace their worthiness and thrive on their journey towards greater self-love and acceptance.

 TACID Center Tuesdays 11:30am -12:30pm

For more information contact:
Lisa at (253) 565-9000 ext. 133 or email lisa@tacid.org.

