

Promoting the wellness,
recovery, and resilience of
adults experiencing disabilities.



Journey Through Grief

Journey through Grief is a peer support group for anyone coping with the loss of a loved one, a beloved pet, loss of health, and more. While we each grieve in our own unique way, we do not have to be alone. You will find gentle and compassionate support and a safe place to share your feelings as you journey through the grief process.

 TACID Center Thursdays 11:30 – 12:45am

For more information contact:

Lisa at (253) 565-9000 ext. 133 or email lisa@tacid.org.

