

Promoting the wellness,
recovery, and resilience of
adults experiencing disabilities.



Generation of Change

Generation of Change is a peer group open to Black, Indigenous and People of Color (BIPOC) young adults, ages 18-26. We aim to provide a safe space in support of those struggling with debilitating issues. This includes but is not limited to generational trauma, anxiety, depression, and post-traumatic stress. Join this peer group to be heard, to gain a sense of community, to share experiences, successes, and challenges and to explore various tools for navigating life.



Online*

M, W, F 6:00PM-8:00PM

Does a group setting not suit you? You can schedule a 1-to-1 session with one of our Certified Peer Support Counselors (CPC).



For more information or a Zoom invitation, contact:

Walter, CPC at 253.565.9000 x114 or walter@tacid.org

Billy, CPC. Email: billy@tacid.org