

Promoting the wellness,
recovery, and resilience of
adults experiencing disabilities.



Cultivating PRIDE

Cultivating Pride is a peer support group for LGBTQIA2S+ members (ages 18+). For those struggling with behavioral health issues, we're here for you! Our group meets to share challenges, successes, hopes, and aspirations, while cultivating tools for self-care. We aim to build a sense of community, belonging, and embrace inner identity despite the outside world!



TACID

Wednesdays 3:00-4:00PM

For more information contact:

Da'Nitra, CPC, HCA at: (253) 565-9000 x139 or email DaNitra@tacid.org



ONLINE SCHEDULE
COPY TO YOUR CALENDAR