Promoting the wellness, recovery, and resilience of adults experiencing disabilities.





## **Voices & Visions Peer Group**

This peer group is for people who experience voices and visions and is not limited to a particular diagnosis. We share our stories, successes, challenges and explore tools for living well with experiences that are often misunderstood and stigmatized. \*Masks required.

**Q** TACID Center Thursdays 1:45 - 3:00pm

For more information or a \*ZOOM invitation (required) contact: Corie at (253) 565-9000 ext.135 or email corie@tacid.org.

