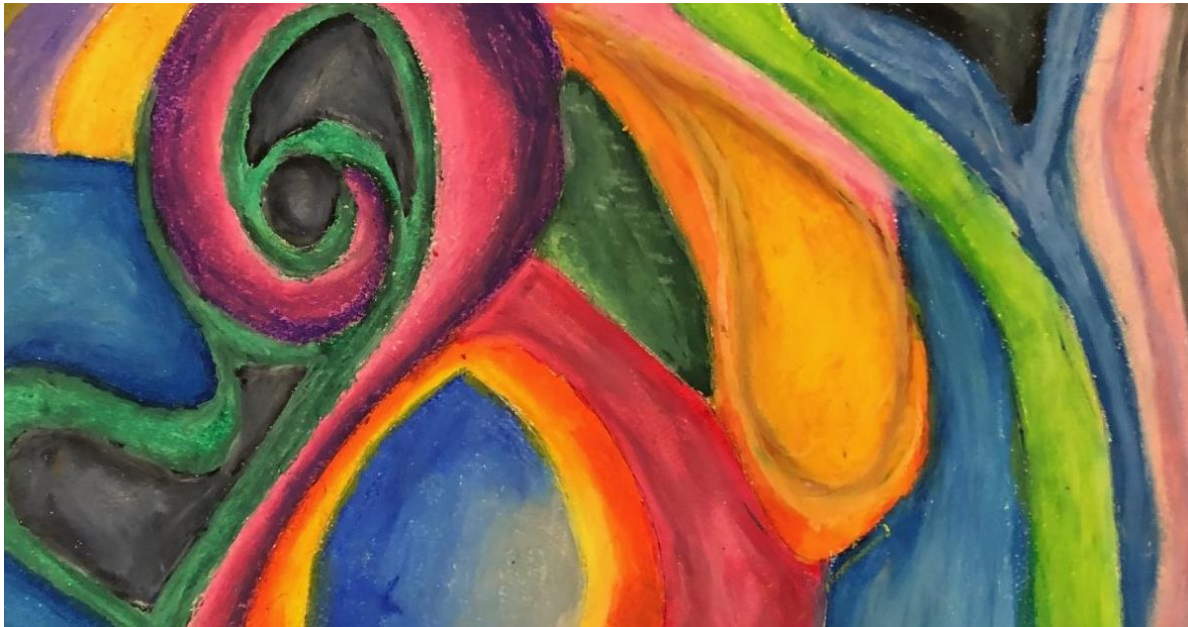


Promoting the wellness,  
recovery, and resilience of  
adults experiencing disabilities.



## Art in Recovery

A casual art group for adults and young adults (18+) offering a chance to experiment with a host of art supplies in the company of peers in recovery. This is a nonjudgmental process about exploration of form and feeling, not about a pretty final product. Some work quietly and some quietly chat about their project. The choice is yours!

All supplies are provided. Wear comfortable, paint-worthy clothing!

\*Masks required\*



Online\*

Tuesdays 10:00 – 11:00am



TACID Center

Fridays 1:00 – 3:00pm

For more information or a \*Zoom invitation (required) contact:  
Lisa at (253) 565-9000 ext.133 or email [lisa@tacid.org](mailto:lisa@tacid.org).



ONLINE SCHEDULE  
COPY TO YOUR CALENDAR